

CURRICULUM VITAE – ANIK DEBROT, PHD

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Languages (fluently spoken and written):
French, Spanish, English, German
35 years old
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EDUCATION

- Federally recognized psychotherapist Sept. 15
Master of Advanced Studies “Postgraduate Studies of Psychotherapy”
Cognitive-behavioral and interpersonal orientation, University of Bern
- Ph.D., University of Fribourg, Clinical Psychology Unit Oct. 12
Title: “Positive relationship processes: Interpersonal emotional regulation and well-being in the daily life of romantic couples”
Best distinction (summa cum laude; committee: Prof. Perrez, Prof. Reicherts, Prof. Bradbury (UCLA) and two members of the faculty)
- Master of Science, Psychology, University of Fribourg (bilingual French and German) March 08
With an Erasmus scholarship, Karl Ruprechts Universität Heidelberg, Germany (2003-04)
 - Major: - Clinical psychology
 - Minors: - General and educational psychology and Sociology
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EMPLOYMENT

- Lecturer (Maître-assistante). University of Lausanne, Institute of Psychology Jan. 17 -
Cognition and Affect Regulation Laboratory, Prof. Pomini.
- SNF-Postdoctoral fellow, University of Toronto, Relationships and Well-being lab Aug. 15 – Dec. 16
Prof. Impett
- Lecturer (maître-assistante), University of Fribourg, Clinical and Family psychology July 15
Prof. Schoebi
- Postdoctoral fellow (assistante-docteure), University of Fribourg, Personnel and organizational psychology, Prof. Klumb Apr. 14 – June 15
- Clinical psychologist, private office of Dr Juvet, Fribourg June 14 – July 15
- Clinical psychologist, Psychiatric Day Clinic, Marsens, Switzerland May 12-Mar. 14
- Graduate clinical internship, Psychiatric Day Clinic, Fribourg, Switzerland Oct. 11-Apr. 12
- Chair assistant, Clinical Psychology Unit, Prof. Perrez, University of Fribourg Sept. 09-Sept. 11
- Research assistant, SNF Project “*NCCR-Affective Science: Interpersonal emotion regulation*”, May 08-Aug. 09
Clinical Psychology Unit, University of Fribourg
- Graduate internship at the Psychotherapy Center, Family Institute, University of Fribourg June 10-Sept. 11.
- Student assistant at the Center for the development of tests and diagnostics, May 06–Aug. 08
Psychology department, University of Fribourg, Prof. Dr Klaus-Dieter Hänsgen

FELLOWSHIPS AND OTHER SUPPORT

- University of Lausanne, Support for Assistant professors and “Lecturers”
Teaching substitute for one semester to make an FNS grant proposal, SS 2018 12'000 CHF
- Swiss National Science Foundation (SNF), Early PostDoc Mobility Grant, 2015-2016 (18 months)
Sexuality and well-being in couple relationships: The effect of intimacy enhancing behaviors 55'000 CHF

APPROVED RESEARCH PROJECTS

- Swiss National Science Fondation, Project funding for 4 years (2019-2022),
Principal investigator 407'755 CHF
LIVIA-FR: An online unguided self-help intervention for people struggling with interpersonal loss
- Commission cantonale (VD) d'éthique de la recherche sur l'être humain: approval
Principal investigator
LIVIA-FR: Non-controlled evaluation of a French unguided internet-based self-help intervention for adults struggling with prolonged grief symptoms after the loss of their romantic partner
- Research Commission, Faculty of Social and Political Sciences, University of Lausanne
Principal investigator 2'345.- CHF
Touch in close relationships of Latino-American
- Research Commission, Faculty of Social and Political Sciences, University of Lausanne
Principal investigator 4'220.- CHF
LIVIA-FR: Online unguided intervention for bereaved and separated individuals
- Swiss National Science Foundation: Research support within the Early PostDoc Mobility
Principal investigator 2605.- CHF
Touch, well-being and stress in romantic relationships: The role of attachment
- Commission cantonale (VD) d'éthique de la recherche sur l'être humain: approval
Funding: Total = 4310.- CHF
 - “Fonds d'action facultaire, Faculté des Lettres de l'Université de Fribourg” 510.- CHF
 - “Fonds du centenaire de l'Université de Fribourg” 800.- CHF
 - “Association des amis de l'Université de Fribourg” 3000.- CHFPrincipal investigator
Touch as stress buffer: An experimental study
- Ethic Committee of the Canton Fribourg : approval
Principal investigator: Dr Virginie Salamin
Basis documentation of the users of two psychiatric day clinic of the Canton Fribourg
- Ethics committee of the German Association of Psychology: approval
Principal investigator: Dr Andrea Horn
Daily intra- and interpersonal emotion regulation in couples

STUDENT SUPERVISION

- 14 Master students about interpersonal touch and online interventions
University of Lausanne currently
- 4 Bachelor papers about online and grief-related psychotherapy interventions,
University of Lausanne 2017-...
- 10 undergraduate student assistants at the University of Toronto 2016
Projects: "Coding of touch in videos of couple interactions"
and "Cleaning of physiological data"
- 6 Bachelor theses about an experimental study of touch in couple relationships,
University of Fribourg 2014-15
- 7 term papers about couple relationships, Bachelor students, University of Fribourg 2010-12

Finished supervised master theses:

Seyda Demircan (2018, August). *Relationship quality buffers the association between insecure attachment and touch motivation in romantic relationships* (Master thesis). University of Lausanne.

Member of defense committees:

Durbin, K. B. (2018, August). A search for causality of physical affection and role of attachment styles: Does increasing physical affection lead to a better relationship, and for who? Master Thesis under the supervision of Prof. M. S. Tollenaar, Prof. J. Karremans, and Prof. R. C. van der Wal, Leiden University.

Perrig, A. (2018, August). *Évaluation d'un programme pilote de thérapie par internet pour le deuil*. Master Thesis under the supervision of Prof. V. Pomini, University of Lausanne.

Ravedoni, A. (2018, August). *Entre lien thérapeutique et potentialisation des dynamiques conjugales : Alliance thérapeutique et We-ness de couple*. Master Thesis under the supervision of Prof. J. Darwiche, University of Lausanne.

Tremea, I. (2018, July). *L'apport de l'utilisation des couleurs dans la thérapie de relaxation : Une évaluation de Colour Breathing Relaxation Technique®*. Master Thesis under the supervision of Prof. C. Mohr, University of Lausanne.

Flück, D. (2018, June). *Traitement sur internet du deuil du partenaire : Exploration de la faisabilité, la qualité et l'adéquation de la première version française du programme LIVIA*. Master Thesis under the supervision of Prof. V. Pomini, University of Lausanne.

Liekmeier, E., & Ronchietto, C. (2018, May). Les interventions psychologiques validées empiriquement pour le deuil sont-elles applicables aux parents ayant perdu un enfant? Master Thesis under the supervision of Prof. V. Pomini, University of Lausanne.

Sole Maimone, M. & Usai, N. (2017, August). *Processus de rupture et de résolution de l'alliance thérapeutique dans la prise en charge de patients borderline : Evolution longitudinale et influence de la formulation de cas relationnelle*. Master Thesis under the supervision of Dr. Y. de Rothen, Centre Hospitalier Universitaire Vaudois.

TEACHING

Master teaching:

- *Psychotherapeutical approaches to depression* AS 18
University of Lausanne, Clinical Psychology, optional cours-seminar, 3 ECTS
- *Psychopathological evaluation: Processes and methods* SS 17 + SS 18
University of Lausanne, Clinical Psychology. Mandatory seminar.
Given together with Dr med Charles-Edouard Rengade, psychiatrist, and
Sabrina Caillet-Zahler, psychotherapist, in French, 3 ECTS
- *Stress management: Individual interventions for health promotion* AS 14
University of Fribourg, Work and Organizational Psychology, given in German, 3 ECTS
- *Analysis of Family Stress: Concepts, methods und exercises* AS 09 + 10
Seminar for clinical psychology students, given in German, 3 ECTS

Bachelor teaching:

- *Elaboration of research project: Psychological internet interventions* AS 18 + SS 19
Seminar for all Bachelor students in psychology, given in French, 6 ECTS
- *Psychological Interventions: Basis und elementary skills* SS 10 + 11
Seminar for all Bachelor students in psychology, given in German, 3 ECTS
- *Family education* AS 09
Mandate for the Remote University of Rouen, France.
Seminar for Education students, given in French, 3 ECTS

ACADEMIC TRAINING (AFTER PhD)

- *Using the internet to provide CBT.* Pre-congress workshop, EABCT congress 2018, Sofia, Bulgaria Sept. 18
Prof. Gerhard Andersson, 1 day
- *Organiser et développer son enseignement.* Centre de soutien à l'enseignement, June 18
Université de Lausanne, 2 days
- *Comment publier en Open Access.* Graduate Campus, University of Lausanne, half day. April 18
- *Good Clinical Practices in Research.* Hôpitaux Universitaires Genève, 3 days Jan. 18
- *Research budget: Construction and comprehension.* Workshop Regard, 1 day Nov. 17
- *Data Management Plan for the SNSF.* Graduate Campus, University of Lausanne, 1 day Sept. 17
- *Impliquer davantage les étudiant·e·s dans les séminaires.* Centre de soutien à l'enseignement, June 17
University of Lausanne, 1 afternoon
- *Daily Dyadic Diary Data Analysis.* Bolger & Laurenceau, University of Zürich, 2 days January 17
- *The psychology of human sexuality.* Graduate seminar, University of Toronto, Prof. MacDonald, SS 2016
1 semester
- *Open Science Framework workshop,* University of Toronto, Prof. Campell, 1 day Nov. 15
- *An introduction to using intensive longitudinal data to study dyadic processes.* Oct. 14.
Prof. Laurenceau & Prof. Schoebi, University of Lausanne, 2 days

NON-ACADEMIC TRAINING

- *Introduction classes to the Rosen-Method for Body work,* Swiss Center of the Rosen Method November 17
- *Sites Web avec WordPress* August 17

AD HOC REVIEWING ACTIVITIES

- US National Science Foundation
- Archives of Sexual Behavior
- Biological Psychology
- European Journal of Social Psychology
- Journal of Family Psychology
- Journal of Happiness Studies
- Journal of Social and Personal Relationships
- Plos One
- Personal Relationships
- Personality and Social Psychology Bulletin
- Psicologia: Reflexão e Crítica
- Psychiatry Journal
- Swiss Journal of Psychology

ORGANIZATION OF CONFERENCES AND TALKS

- Invitation of Prof. Geoff MacDonald, University of Toronto, for the CARLA lab-meeting
When good is stronger than bad: Reward and threat in the pursuit of relationships Nov. 18
- Invitation of Dr PD Andrea B. Horn, University of Zürich, for the CARLA lab-meeting.
It takes two to tango: interpersonal emotion regulation and adjustment in daily life Nov. 18
- Invitation of Prof. Dominik Schoebi, University of Fribourg, for the CALRA lab-meeting
Individual Emotion Dynamics and Relational Adjustment at Different Time Scales Oct. 18
- Invitation of Emily Impett for the Cognitive and Affect Regulation Lab (CARLA) Inauguration,
Keeping the spark alive: A communal perspective on sexuality and relationships
University of Lausanne. May 18
- Symposium at the 15th SSP-SGP Conference, Geneva Sept. 17
Couple relationships processes and well-being: A blessing that can turn into a curse
- Symposium at the IARR conference 2017, Syracuse, USA June 17
Attachment style in romantic relationships: Understanding and supporting the insecure.
- Symposium at the 34. Symposium der Fachgruppe Klinische Psychologie und Psychotherapie
der DGPs, Bielefeld, Germany May 16
Couple processes and mental health: Contribution of the couple research to clinical psychology
- Invitation of M. Dagan, University of Gronigen, Netherlands for the “Lunchtime Seminar”
of the Psychology Department, University of Fribourg. Nov. 2011
*It takes two to tango – The interplay between patients’ emotional inhibition and partner’s
responsiveness in couples’ adaptation to cancer*

MEMBERSHIPS

- IARR, International Association of Relationship Research
- SSP-SGP, Swiss Psychological Society
- European Society for Research on Internet Interventions
- Society for the Exploration of Psychotherapy Integration
- Society of Personality and Social Psychology
- Associate member of the FADO (Family and Development Research Center, University of Lausanne)

AWARD

“Young Scientist Award 2013” of the Swiss Society of Psychology

RESEARCH OUTPUT LIST

PEER-REVIEWED ARTICLES

- Debrot, A., Siegler, S., Klumb, P. L., & Schoebi, D. (2018). Daily work stress and relationship satisfaction: Detachment affects romantic couples' interactions quality. *Journal of Happiness Studies*, 19, 2283–2301. doi:10.1007/s10902-017-9922-6
- Horn, A. B., Samson, A., Debrot, A., & Perrez, M. (2018). Positive humor in couples as interpersonal emotion regulation: A dyadic study in everyday life on the mediating role of psychological intimacy. *In press*.
- Park, Y., Debrot, A., Spielmann, S. S., Joel, S., Impett, E., & MacDonald, G. (2018). Distinguishing dismissing from fearful attachment in the association between closeness and commitment. *Social Psychological and Personality Science*, Online first publication. doi:10.1177/1948550618768823
- Debrot, A., Meuwly, N., Muise, A., Impett, E. A., & Schoebi, D. (2017). More than just sex: Affection mediates the association between sexual activity and well-being. *Personality and Social Psychology Bulletin*, 43, 287–299. doi: 10.1177/0146167216684124
- Debrot, A., Salamin, V., Gothuey, I., & Kratzel, A. (2016). A naturalistic study of outcomes in a general psychiatry day hospital. *Swiss Archives of Neurology, Psychiatry and Psychotherapy*, 167, 245–251. doi: 10.4414/sanp.2016.00447
- Debrot, A., Schoebi, D., Perrez, M., & Horn, A. B. (2014). Stroking your beloved one's white bear: Responsive touch by the romantic partner buffers the negative effect of thought suppression on daily mood. *Journal of Social and Clinical Psychology*, 33, 75–97. doi: 10.1521/jscp.2014.33.1.75
- Debrot, A., Schoebi, D., Perrez, M., & Horn, A. B. (2013). Touch as an interpersonal emotion regulation process in couple's daily lives: The mediating role of psychological intimacy. *Personality and Social Psychology Bulletin*, 39, 1373-1385. doi: 10.1177/0146167213497592
- Debrot, A., Cook, W. L., Perrez, M., & Horn, A. B. (2012). Deeds matter: Daily enacted responsiveness and intimacy in couples' daily lives. *Journal of Family Psychology*, 26, 617–627. doi: 10.1037/a0028666

MANUSCRIPTS IN PREPARATION

- Debrot, A., Stellar, J., MacDonald, G., Keltner, D. & Impett, E. A. (2018). Touch and well-being in romantic relationships: Do avoidantly attached individuals benefit less from touch? *Manuscript under revision*.
- Debrot, A., Stellar, J., & Klumb, P. L. (2018). Touch as a stress-buffer in couples: An experimental study. *Manuscript in preparation*.
- Efinger, L., Debrot, A., & Pomini, V. (2018). Similarités et différences dans les processus de deuil suite à la perte d'une relation proche en fonction de la personne perdue et de la nature de la perte: Une revue de littérature. *Manuscript in preparation*.
- Jakubiak, B., Debrot, A., Feeney, B., & Impett, E. A. (2018). Touch motivation as a function of attachment style: Cross-sectional and daily diary associations. *Manuscript in preparation*.
- Muise, A., Impett, E., Kim, J., Debrot, A., MacDonald, G. (2018). Gone but not forgotten: Sexual nostalgia as a response to sexual and relational "dry spells". *Manuscript in preparation*.

ORAL PRESENTATIONS AT INTERNATIONAL CONFERENCES

- Debrot, A.**, Stellar, J., MacDonald, G., Keltner, D. & Impett, E. A. (2019, February). Is touch in romantic relationships universally beneficial for well-being? Exploring the role of avoidant attachment style. In C. Carmichael (Chair), *Affectionate touch in romantic relationships: Cause, consequence, and context*. Paper accepted for presentation at the Annual Convention of the Society for Personality and Social Psychology (SPSP), Portland, USA.
- Debrot, A.**, Klumb, P. L., & Stellar, J. E. (2018, July). *Touch to regulate emotions: Different subjective and physiological responses to partner and stranger touch in men and women*. Paper presented at the conference of International Association for Relationship Research (IARR), Fort Collins, Colorado, USA

- Debrot, A., Stellar, J., MacDonald, G., Horn A. B., & Impett, E. A.** (2017, September). *Touch and well-being in romantic relationships: Do avoidantly attached individuals benefit less from touch?* Paper presented at the conference of the 15th Swiss Psychological Society Conference, Lausanne, Switzerland.
- Debrot, A., Stellar, J., MacDonald, G., Horn A. B., & Impett, E. A.** (2017, June). *Touch and well-being: Do avoidantly attached individuals react differently to touch?* Paper presented at the International Association for Relationship Research (IARR) 2017 conference, Syracuse, NY, USA.
- Debrot, A., Stellar, J., MacDonald, G., Horn A. B., & Impett, E. A.** (2017, March). *Attachment insecurity diminishes the positive association of touch with well-being in couples.* Paper presented at the International Convention of Psychological Science (ICPS), Vienna, Austria.
- Debrot, A., Meuwly, N., Muise, A., Impett, E. A., & Schoebi, D.** (2016, September). *"Sleeping" together, happy together: Affection mediates the association between sexual activity and well-being.* Paper presented at the 2016 Canadian Sex Research Forum (CSRF) Annual Meeting. Québec City, Canada.
- Debrot, A., Meuwly, N., Muise, A., Impett, E. A., & Schoebi, D.** (2016, July). *"Sleeping" together, happy together: Affection mediates the association between sexual activity and well-being.* Paper presented at the International Association for Relationship Research (IARR) 2016 conference, Toronto, Canada.
- Horn, A. B., Debrot, A., & Perrez, M.** (2016, July). *Interpersonal correlates of intrapersonal rumination in daily life: Actor and partner effects on changes in psychological intimacy.* Paper presented at the International Association for Relationship Research (IARR) 2016 conference, Toronto, Canada.
- Debrot, A., Kroupi, E., & Klumb, P. L.** (2016, May). *Touch as a stress-buffering mechanism in couples: The moderating effect of attachment insecurity.* Paper presented at the 34. Symposium der Fachgruppe Klinische Psychologie und Psychotherapie der DGPs, Bielefeld, Germany.
- Debrot, A., Meuwly, N., & Schoebi, D.** (2015, September). *Sex and affectionate moments as emotion regulation: A daily diary study of young parents.* Paper presented at the Congress of the Swiss Psychological Society, Geneva, Switzerland.
- Debrot, A., Siegler, S., Klumb, P. L., & Schoebi, D.** (2015, September). *Daily affective interpersonal consequences of psychological detachment from work: The moderating role of intimacy.* [PowerPoint slides]. Paper presented at the Congress of the Swiss Psychological Society, Geneva, Switzerland.
- Debrot, A., & Klumb, P. L.,** (2015, June). *Touch as a stress-buffering mechanism in couples: The moderating effect of social anxiety.* Paper presented at the IARR Mini-Conference: Relationships, Health and Wellness. Rutgers University, New Brunswick, New Jersey (USA).
- Debrot, A., Cook, W. L., Perrez, M., & Horn, A. B.** (2013, September). *Deeds matter: Daily enacted responsiveness and intimacy in couples' daily lives.* Paper presented at the Congress of the Swiss Psychological Society, Talk of the Young Scientist, Basel, Switzerland.
- Debrot, A., Schoebi, D., Perrez, M., & Horn, A. B.** (2013, September). *Touch as an interpersonal emotion regulation process in couples' daily lives: The mediating role of psychological intimacy.* Paper presented at the Congress of the Swiss Psychological Society, Basel, Switzerland.
- Horn, A.B., Debrot, A., & Perrez, M.** (2012, August). *Momentary affect and self-disclosure: Health effects in daily life.* Paper presented at the 26th Conference of the European Health Psychology Society (EHPS), Prague, Czech Republic.
- Debrot, A., Schoebi, D., Perrez, M., & Horn, A. B.** (2012, July). *Responsive touch as an interpersonal emotion regulation process in the daily life of couples: The mediating role of intimacy.* Paper presented at the International Association for Relationship Research Conference, Chicago, USA.
- Debrot, A., Horn, A. B., Perrez, M., & Reicherts, M.** (2010, July). *The role of visible responsiveness and its perception on intimacy feelings of romantic partners* [PowerPoint slides]. Paper presented at the International Association for Relationship Research (IARR) Conference, Herzliya, Israel.
- Horn, A.B., Debrot, A., Molina, L., Reicherts, M. & Perrez, M.** (2009, September). *For better, for worse: Mental health and intra- and interpersonal emotion regulation in romantic relationships.* Paper presented at the European Health Psychology Society (EHPS), Track: Stress, emotion, coping, and health. Pisa, Italy.
- Horn, A.B., Debrot, A., Molina, L., Reicherts, M. & Perrez, M.** (2009, August). *Daily interpersonal emotion regulation and depression in couples.* Paper presented at the 11th Congress of the Swiss Psychological Society. Neuchâtel, Switzerland

Horn, A.B., **Debrot, A.**, Molina, L., Reicherts, M. & Perrez, M. (2009, August). Interpersonal emotion regulation and daily affect. In P. Wilhelm (Chair), *Social determinants of affective experiences in couples' daily life*. Paper presented at the International Society for Research on Emotion (ISRE) Conference, Leuven, Belgium.

Horn, A.B., **Debrot, A.**, Molina, L., Reicherts, M. & Perrez, M. (2009, June). *For better, for worse: Interpersonal emotion regulation in couples*. Paper presented at the 1. Conference of the Society of Ambulatory Assessment in Personality and Social Psychology. Greifswald, Germany

OTHER ORAL PRESENTATIONS

Debrot, A. (2019, April). *Die geheimen Gefälligkeiten von Berührungen*. Invitation for an oral presentation at TEDx Fribourg.

Fasolin, M., Ferrari, A., Heurtault, S., Martin, V. & **Debrot, A.** (2018, September). *Toucher, styles interactionnels et dépression dans le couple*. Lab-meeting of the Cognitive and Affective Regulation Laboratory (CARLA). University of Lausanne, Switzerland.

Debrot, A. (2018, September). *Bitte berühren*. Invited live interview on the Puls TV program of the SFR (Schweizer Radio und Fernsehen). www.srf.ch/news/panorama/gesunde-streicheinheiten-bitte-beruehren

Debrot, A. (2018, May). *Touch to regulate emotions: Gender differences in subjective and physiological responses to partner and stranger touch*. Invited talk at the Lunchtime Seminars, Department of Psychology, University of Fribourg. Fribourg, Switzerland.

Debrot, A. (2018, March). *Piel a piel: Cómo el contacto físico con su pareja contribuye a su bienestar*. Oral presentation at the TEDx PuraVida, San José, Costa-Rica. tedxpuravida.org/charlas/piel-a-piel/

Debrot, A., Salamin, V., Gothuey, I., & Kratzel, A. (2017, October). *A naturalistic study of outcomes in a general psychiatry day hospital*". Invited workshop leader at the Annual meeting of the Schweizerische Gesellschaft für Psychiatrische und Psychotherapeutische Tageskliniken, Rheinfelden, Switzerland.

Debrot, A. (2017, February). *Ces liens qui nous unissent: L'importance de l'affection non-verbale dans le couple*. Lab-meeting of the Cognitive and Affective Regulation Laboratory (CARLA). University of Lausanne, Switzerland.

POSTERS

Froidevaux, N., Campos, B., Yunusova, A., Dumont, L., and **Debrot, A.** (2019, March). *Does negative touch predict relationship quality? The moderating role of attachment anxiety*. Poster submitted for presentation at the International Convention of Psychological Science (ICPS), Paris, France

Efinger, L., **Debrot, A.**, & Pomini, V. (2018, September). *Measuring heart rate variability with smart wearable sensors on bereaved people ongoing an unguided online intervention*. Poster presented at the 48th Annual Congress of the European Association for Behavioral and Cognitive Therapies, Sofia, Bulgaria.

Debrot, A., Efinger, L., & Pomini, V. (2018, September). *LIVIA-FR: An online unguided self-help intervention for people struggling with interpersonal loss*. Poster presented at the 48th Annual Congress of the European Association for Behavioral and Cognitive Therapies, Sofia, Bulgaria.

Debrot, A., Efinger, L., Dunand, N., & Pomini, V. (2018, April). *LIVIA-FR: An online unguided self-help intervention for people struggling with interpersonal loss*. Poster presented at the 5th European Society for Research on Internet Interventions (ESRII) conference. Dublin, Ireland.

Debrot, A., Brodbeck, J., Berger, T., Znoj, H., & Pomini, V. (2017, September). *LIVIA-FR: A French online therapeutic intervention for adults having difficulties to deal with the loss of their romantic partner*. Presentation at the 15th Swiss Psychological Society Conference, Lausanne, Switzerland.

Brodbeck, J., Strub, R., Durrer, L., Biesold, N., **Debrot, A.**, Pomini, V., Bergamaschi, V., Gsponer, D., Berger, T., Znoj, H. (2017, September). *LIVIA: Effects of an internet-based self-help intervention for older adults after bereavement or divorce*. Presentation at the 15th Swiss Psychological Society Conference, Lausanne, Switzerland.

Debrot, A., Meuwly, N., Muise, A., Impett, E. A., & Schoebi, D. (2016, January). *"Sleeping" together, happy together: Affection mediates the association between sexual activity and well-being*. Poster presented at the Annual Convention of the Society for Personality and Social Psychology (SPSP). San Diego, USA.

- Debrot, A.,** Meuwly, N., & Schoebi, D. (2015, July). *Sex and loving moments as emotion regulation: A daily diary study of young parents*. Poster presented at the Conference of the International Society for Research on Emotions (ISRE). University of Geneva, Switzerland.
- Debrot, A.,** Clément, O., Kratzel, A. (2012). *Characteristics of patients with a Borderline personality disorder in a day hospital*. Poster presented at the 42nd Congress of the European Association for Behavioral and Cognitive Therapies, Geneva, Switzerland.
- Debrot, A.,** Perrez, M., Horn, A. B. (2011). *Stroking your white bear: The interplay of thoughts suppression and physical responsiveness on couples' daily mood*. Poster presented at the International Meeting of the Society of Psychotherapy Research, University of Bern, Switzerland.
- Horn, A. B., Samson, A., **Debrot, A.,** Reicherts, M., & Perrez, M. (2010, September). *Daily use of humor as interpersonal emotion regulation: Laughing together, healthy together?* Poster presented at the 24th Annual Conference of the European Health Psychology Society (EHPS), Cluj-Napoca, Romania.
- Debrot, A.,** Horn, A. B., Perrez, M., & Reicherts, M. (2010). *The role of visible responsiveness and its perception on intimacy feelings of romantic partners*. Poster presented at the Stress and Coping in Close Relationships Conference, University of Zürich, Switzerland.
- Debrot, A.,** Reicherts, M., Maggiori, C., Walther, T., & Hulmann, C. (2009, August). *Daily affectivity in young olds: The influence of the practice of yoga*. Poster session presented at the International Society for Research on Emotion (ISRE) 2009 Conference, Leuven, Belgium.
- Debrot, A.,** Horn, A. B., Molina, L., Perrez, M., & Reicherts, M. (2009, May). *Dankbarkeit und psychische Intimität bei Paaren: Akteur- und Partnerzusammenhänge*. Poster session presented at the 6. Workshopkongress für Klinische Psychologie und Psychotherapie, Zürich, Switzerland.
- Horn, A.B., **Debrot, A.,** Molina, L., Reicherts, M. & Perrez, M. (2009, May). *Interpersonelle Emotionsregulation und depressive Symptome bei Paaren*. Poster presented at the Workshopkongress der Fachgruppe Klinische Psychologie der DGPs. Zürich, Switzerland.
- Debrot, A.,** Horn, A. B., Molina, L., Perrez, M., & Reicherts, M. (2009). *Intra- and interpersonal emotion regulation: Actor and partner effects on daily feelings of intimacy*. Poster presented at the Annual Research Forum of the NCCR-Affective Science, Geneva, Switzerland.
- Debrot, A.,** Horn, A.B., Molina, L., Perrez, M. & Reicherts, M. (2009, March). *Intra- and Interpersonal Emotion Regulation: Actor and Partner Effects on Daily Feelings of Intimacy*. Poster presented at the Annual Research Forum of the NCCR - Affective Science, Geneva, Switzerland.
- Horn, A.B., **Debrot, A.,** Molina, L., Reicherts, M. & Perrez, M. (2009, August). *Vermeidende intra- und interpersonelle Emotionsregulation und seelische Gesundheit*. Paper presented at the Fachgruppentagung Gesundheitspsychologie der DGPs. Zürich, Switzerland.

OTHERS

- Debrot, A. (2012). *Positive relationship processes: Interpersonal emotion regulation and well-being in the daily life of romantic couples* (Doctoral dissertation). University of Fribourg. Retrieved from <http://doc.rero.ch/record/30453>
- Debrot, A. (2011). [Review of the book *Lehrbuch Psychotherapie*, by W. Lutz (Ed.)]. *Zeitschrift für Klinische Psychologie und Psychotherapie*, 40, 207-208. doi: 10.1026/1616-3443/a000084.