



**ECOLOGICAL EMERGENCY:  
WHAT IT IS AND WHAT YOU CAN DO**

**THURSDAY 3 NOVEMBER 2022**

**16:15 – 17:45**

**ANTHROPOLE 5196**

**Speakers:**

Dr. Cécile Heim

Prof. Agnieszka Monnet

Beatriz Duarte Wirth

*Unil*

UNIL | Université de Lausanne

Faculty of Arts

**English Department**



## Outline of Part 2


- ▶ Why should we care?
- ▶ What is the climate crisis?
- ▶ The Swiss context
- ▶ Discussion
- ▶ What can we do as individuals?
- ▶ What can we do collectively?
- ▶ Take-home message
- ▶ Discussion

# What makes us care?




Lac des Brenets (Neuchâtel) – summer 2022





**Every day the planet burns a little more**

We only have a short while  
So quick, let me tell you  
We're too far gone to turn this around  
I can't believe  
We have it in us to put this world right  
It is all too late, too late  
How can you say  
*But do not give up hope*  
Every day the planet burns a little more  
And hot air rises  
While governments pump out empty promises  
We are powerless  
Don't be so foolish to imagine that  
Together we have a voice  
Big enough to change the world  
The decisions we make each day are  
Unimportant  
The food we eat, the things we buy, how we get around  
How naïve to think  
The destruction of centuries could be undone  
In a few decades  
If we could just find reverse



**Every day the planet burns a little more**

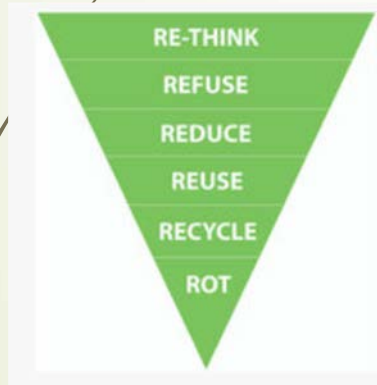
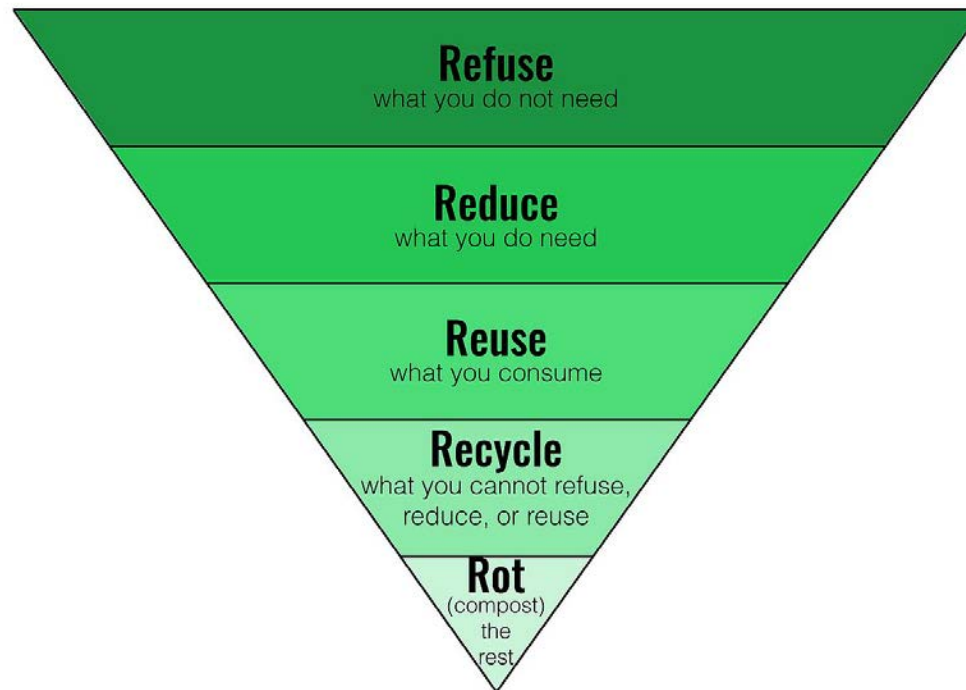
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*(now read this poem from bottom to top)*

*Brian Bilston*

# What can we do as individuals?

The Sustainability Pyramid:

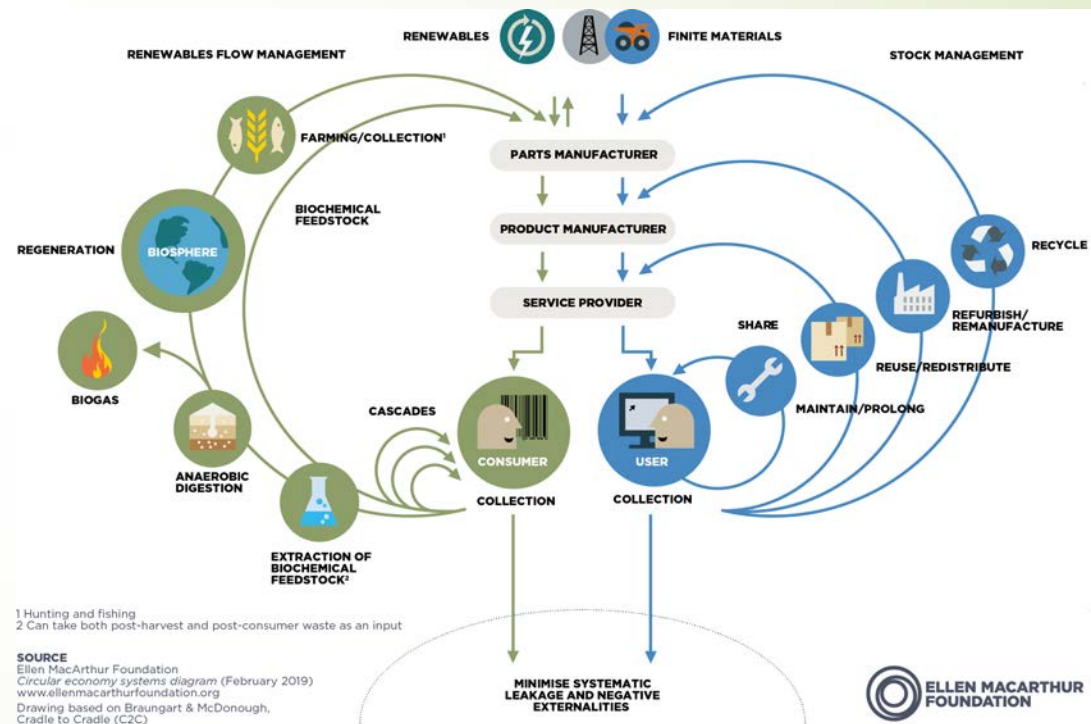


The 5 R's hierarchy – Bea Johnson (*Zero Waste Home*)

# What can we do as individuals?

## Reduce what you do need

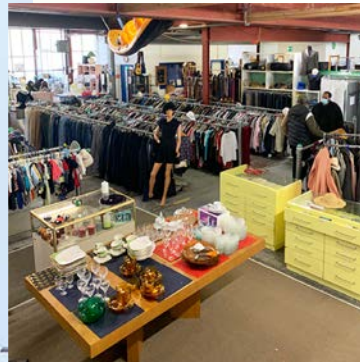
- Share or donate used items
- Buy second-hand
- Rent or borrow
- Repair broken items
- Upcycle
- Participate in circular economy



<https://ellenmacarthurfoundation.org/topics/circular-economy-introduction/overview>

# What can we do as individuals?

- Buy second-hand



RUE DE LA MOULINE 8, 1022 CHAVANNES-PRÈS-RENNES

• GLORYLAND



raaad\_space

Contacter

Suivre

...

55 publications

883 followers

495 suivi(e)s

RAAAD! | CREATIVE STUDIO | VINTAGE TREASURES

- furniture restauration
- DIY & upcycling
- decoration
- vintage fashion
- 📍 Lausanne – CH



TROC-O-POLE



LES 9 VIES DE VOS OBJETS  
COMMENCENT ICI !

PRENEZ ET/OU DEPOSEZ GRATUITEMENT DES  
OBJETS AU TROC-O-POLE

RECYCLAGE MARKET

ateapic

More here: <https://tinyurl.com/39rpepwb> and here <https://www.lausanne-reutilise.ch/>



# What can we do as individuals?

- Rent or borrow



*La Manivelle Lausanne* is the first library of objects in the canton of Vaud. You can borrow objects, tools, musical instruments, sports equipment...

*La Manivelle* is an association, whose goal is to pool tools and objects used sporadically, and to federate a community in order to propose an ecological and economic alternative to our consumer society.

# What can we do as individuals?

- Repair broken items



Fix N' Replace helps you fix your objects for FREE every first Thursday of the month!

[https://unipoly.ch/fix\\_n\\_replace/](https://unipoly.ch/fix_n_replace/)

# What can we do as individuals?

- Participate in the circular economy:

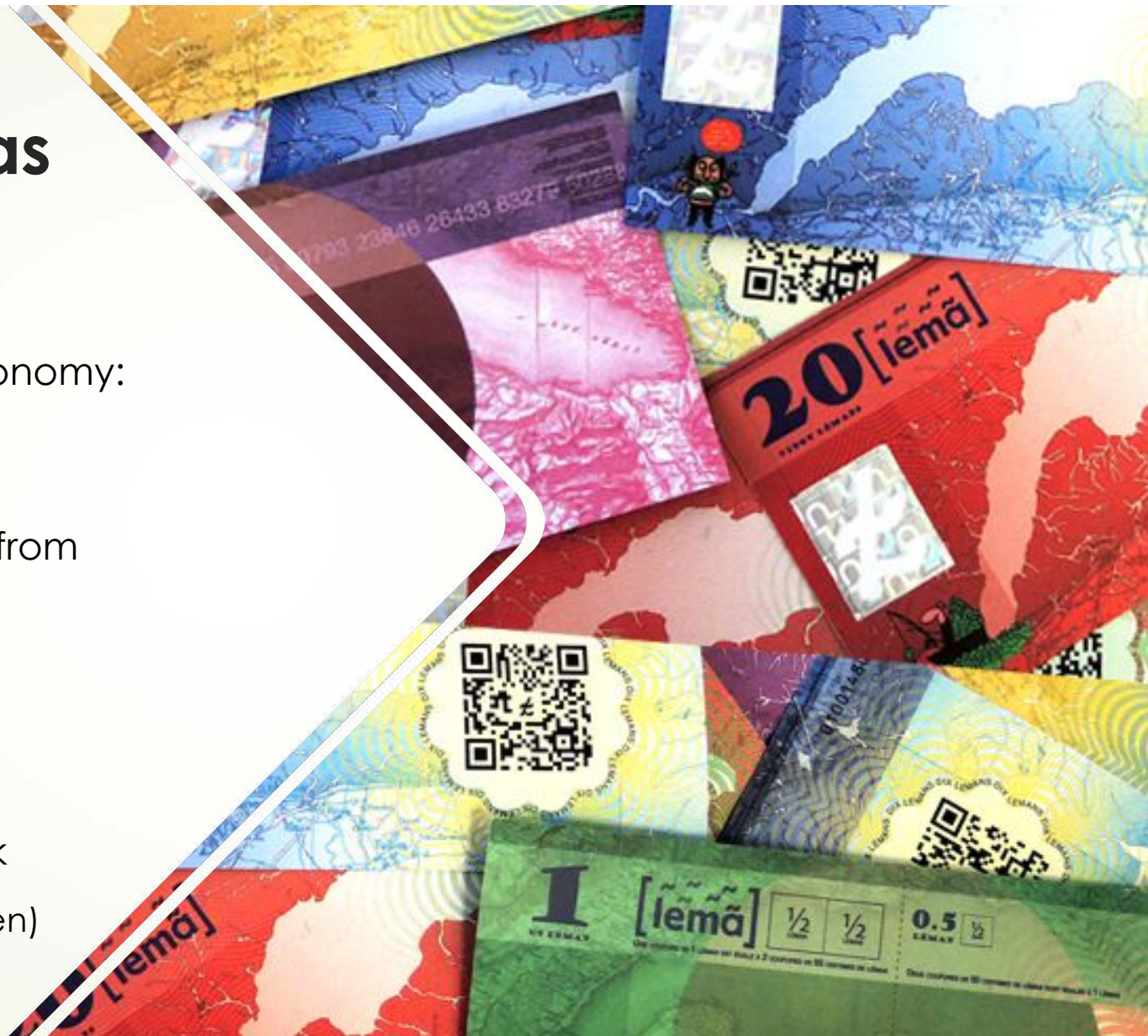
Boycott multinationals and buy from small, local businesses

Use the local currency: *Léman*

(<https://monnaie-leman.org/>)

Change banks: Alternative Bank

Switzerland (<https://www.abs.ch/en>)



# What can we do as individuals?

- ▶ Vote
- ▶ Start and sign petitions





# What can we do as individuals?

- Eat local and organic



LeJardinVivant  
Epicerie participative

**Le Jardin Vivant- Epicerie participative,  
durable et sociale à Lausanne**



The logo of the new grocery store. © 2020 / EPFL



# Ferme de Bassenge





# What can we do as individuals?

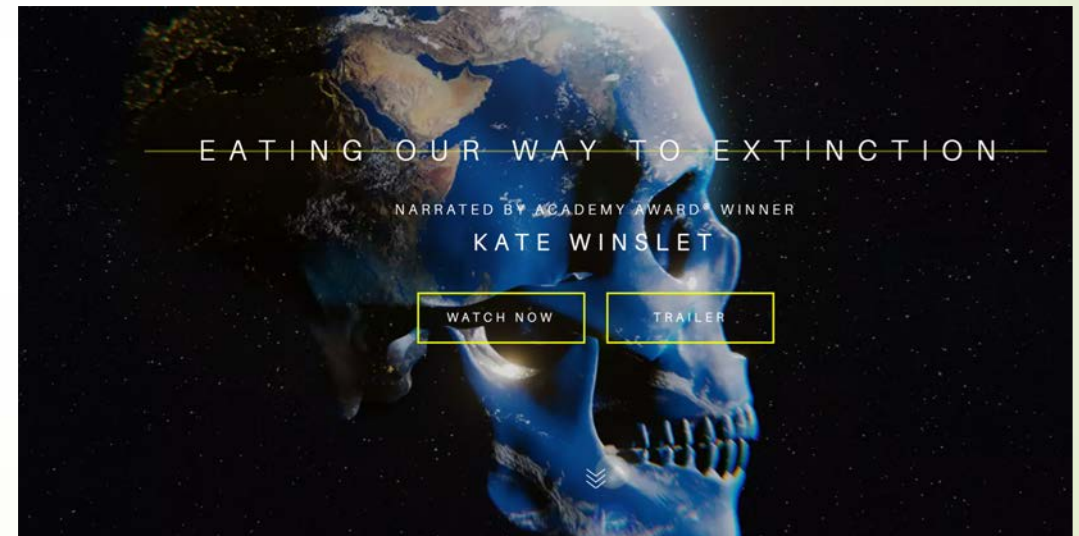
- Adopt a largely plant-based diet



[Home](#) > [News](#) > We must change what we eat to solve the climate crisis, shows research

## We must change what we eat to solve the climate crisis, shows research

Even if fossil fuel emissions stop immediately, emissions from the global food system alone could increase global temperatures by more than 1.5°C, shows [new research](#) from an international team led by the University of Oxford.



<https://www.youtube.com/watch?v=LaPge01NQTQ&t=40s>



# What can we do collectively?

- ▶ Forget shorter showers

- ▶ <https://youtu.be/m2TbrtCGbhQ>



# What can we do collectively?

➤ Thoughts?

➤ Reactions?



# What can we do collectively?



**eva\_unilepfl** Contacter Suivre ...

17 publications 175 followers 87 suivi(e)s


**EVA**  
Organisation à but non lucratif  
Étudiant-e-s Véganes et Animalistes  
Nous encourageons un mode de vie éthique et respectueux des animaux à l'@unilch et à l'@epflcampus.  
[unipoly.epfl.ch/eva](https://unipoly.epfl.ch/eva)



**unipoly\_apiculture** Contacter Suivre ...

13 publications 287 followers 86 suivi(e)s

**Les Abeilles d'Unipoly**  
Prendre soin des abeilles et partager 🐝  
Les étudiants sont les bienvenus lors des visites du rucher! Écrivez nous!  
Rejoignez le groupe Telegram :  
[t.me/joinchat/UdOGkxANvXCAY40](https://t.me/joinchat/UdOGkxANvXCAY40)



**castorfreegan** Contacter Suivre ...

40 publications 819 followers 22 suivi(e)s

**Castor Freegan**  
Restaurant  
Cafétéria autogérée d'@association\_unipoly par les étudiants UNIL/EPFL redistribuant les invendus des supermarchés.  
Rejoins-nous!  
[t.me/joinchat/V1xos1-5WK1rjwEO](https://t.me/joinchat/V1xos1-5WK1rjwEO)



**upfashionlab** Contacter Suivre ...

43 publications 1,371 followers 128 suivi(e)s

**UPFL**  
Communauté  
Parce que la mode n'a pas besoin de polluer 🌱  
• Friperie 🧺  
• Ateliers de couture 🪡  
📍 Lausanne 🇨🇭  
(Pôle d'@association\_unipoly)



**fixnreplace** Contacter Suivre ...

4 publications 238 followers 19 suivi(e)s

**Fix N' Replace**  
Fix N' Replace t'aide à réparer tes objets GRATUITEMENT chaque premier jeudi du mois!  
Prochains events :  
- 3 nov. 2022  
- 1 déc. 2022



**meubleco\_unipoly** Contacter Suivre ...

41 publications 421 followers 146 suivi(e)s

**Meubléco**  
A project of @association\_unipoly which aims to promote recycling in the furniture and decoration field! 🏠 ♻️  
Open 16h-19h every Wednesday at Vortex  
[meubleco.unipoly.ch](https://meubleco.unipoly.ch)

# What can we do collectively?



AG!SSONS





## Take-home message

- ▶ The situation is critical. We all need to get involved now.
- ▶ We can act on different levels.
- ▶ Individual, isolated actions are no longer enough.
- ▶ We can have a positive impact if we work together





## Further resources

YouTube channels:

- ▶ Andrewism
- ▶ Gittemary Johansen
- ▶ Our Changing Climate

Instagram accounts:

- ▶ Mieux!
- ▶ Nonbi\_radio
- ▶ En Vert et Contre Tout

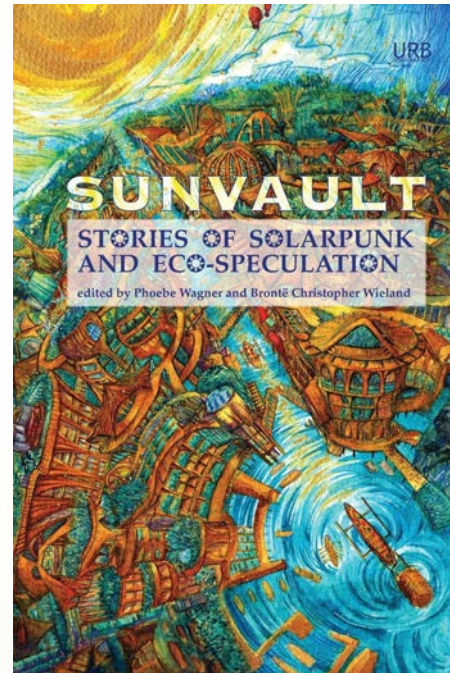
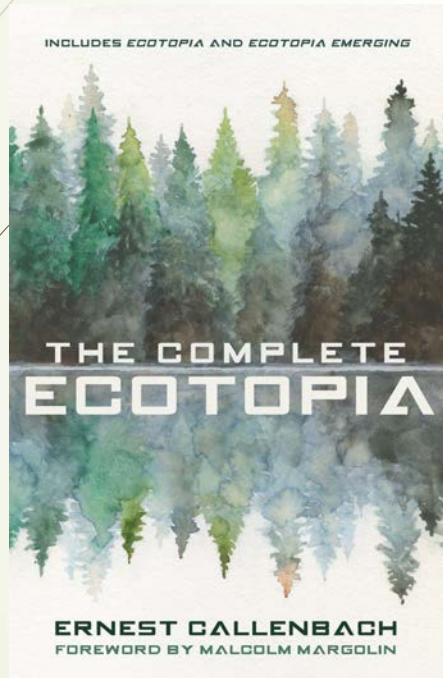


## Further resources

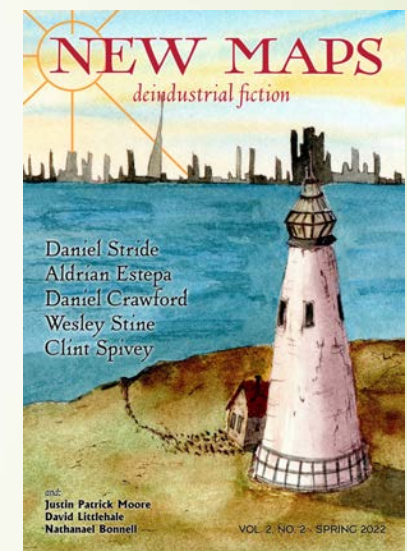
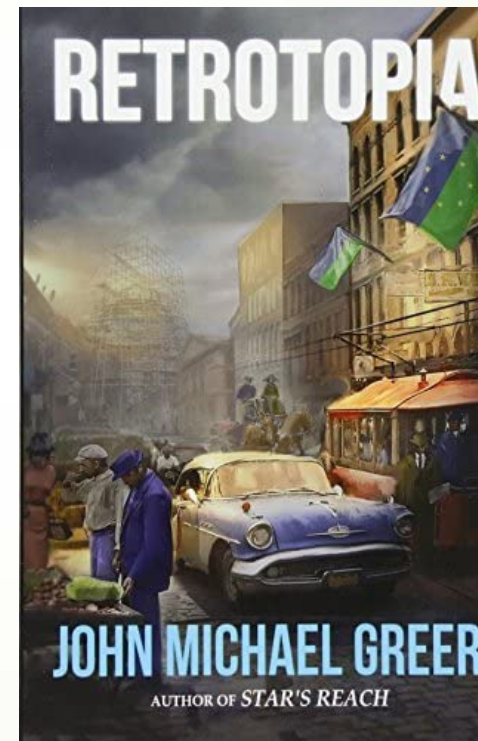
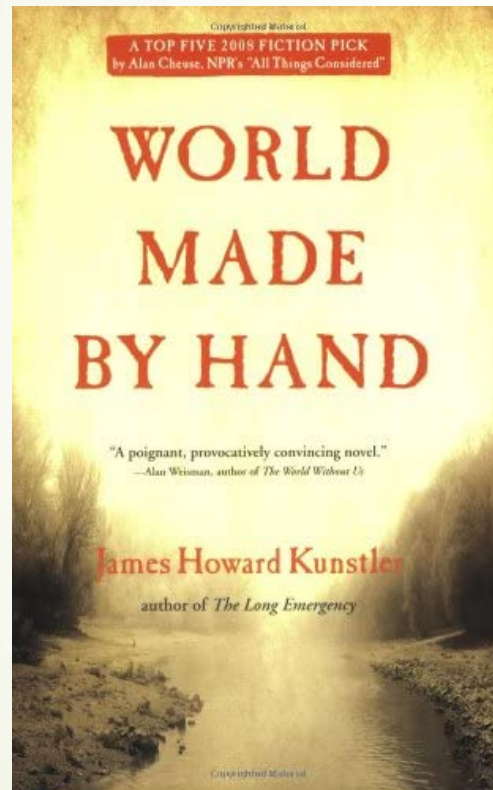
### Books:

- Station Eleven – Emily St John Mandel
- Oryx and Crake (trilogy) – Margaret Atwood
- The Wall – John Lancaster
- Parable of the Sower - Octavia Kindred
- Parable of the Talents – Octavia Kindred
- The Complete Ecotopia – Ernest Callenbach
- The Marrow Thieves – Cherie Dimaline

# Further resources

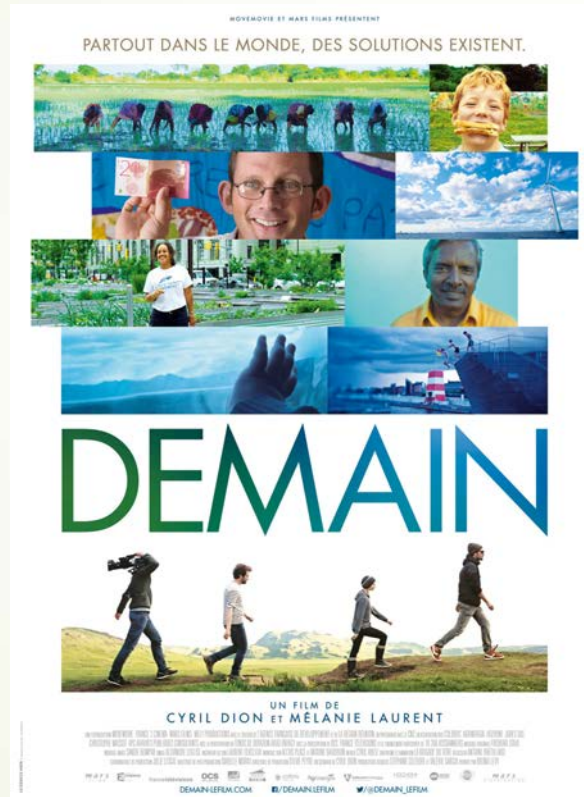


## Further resources





# Further resources





## Further resources

### Studies:

- ▶ [https://www.ipsos.com/sites/default/files/ct/news/documents/2021-04/Environmental%20Perils%20of%20Perception%202021\\_0.pdf](https://www.ipsos.com/sites/default/files/ct/news/documents/2021-04/Environmental%20Perils%20of%20Perception%202021_0.pdf)
- ▶ <https://ourworldindata.org/food-choice-vs-eating-local>
- ▶ <https://www.science.org/doi/10.1126/science.aba7357>
- ▶ <https://www.theguardian.com/environment/2020/dec/23/organic-meat-production-just-as-bad-for-climate-study-finds>
- ▶ <https://www.gesundundnachhaltig.ch/en/findings>
- ▶ Pieper, Maximilian et al. 2020. [Calculation of external climate costs for food highlights inadequate pricing of animal products](#). Nature Communications.